OUR HABITAT WELLBEING CITIES Agenda



DAY 1 | 31 OCT, THURSDAY

Sustainable urban centres

CO PRODUCED WITH ACT IN SYNCH

09:00	WELCOME COFFEE	
09:30	INTRO, AGENDA & FLOW, OBJECTIVES & EXPECTATIONS OPENING PLENARY	
MASTER OF THE CEREMONY	Julia Lopez Varela - Consultant, strategic designer, and project manager specializing in Social Innovation.	
	• Impact Hub Athens	
10:00	IMPACT ECONOMY VS WELLBEING ECONOMY DEBATE	
SPEAKERS	 Lorenzo Fiaromonti - Former Minister of Education in Italy and Founding Director of the Institute for Sustainability at the University of Surrey Conchita Galdon - Vice- Dean Instituto de Empressa 	
MODERATOR	Natasha Giamali - Journalist	
	Q Impact Hub Athens	
11:00	WELLBEING ECONOMY IN THE URBAN CONTEXT PANEL DISCUSSION	
	How does a City look like with the Wellbeing Economy in place? What are the alternative pathways to achieve wellbeing? The shareholders of the urban infrastructure and the constructed environment discuss what are the elements and the important ingredients to live well in the contemporary urban context.	
SPEAKERS	 Maria Vasilakou - Urbanist, Urban Advisor & Consultant - Vienna Solutions Vassilis Papaefstathiou - Civil Engineer NTUA, MSc at Papaefstathiou office, Deputy Mayor of Strategic Planning and Climate Neutrality Municipality of Kalamata, co-founder of Eu-topos for Raising Public Awareness on Green and Public Spaces Nikos Chrysogelos - Vice Mayor Environment Athens Jesper Mardahl - Music Cities Network, Co-founder / Promus, Managing director & SPOT+, Conference Organizer 	
MODERATOR	Chiara Konti - Partner, EY Greece Sustainability Services Leader Q Impact Hub Athens	
12.00	CO- CREATION IN ADVOCACY KEYNOTE	
SPEAKER	• Andrei Geica - Co-Founder, Chief Policy and Impact Officer at Sporos Platform	
12.00	INTRO TO PARALLEL SESSIONS + PRESENTATION OF THE POSTER SESSION PARALLEL SESSIONS	
	BREAK + MOVEMENT	



12:30	NATURE-BASED SOLUTIONS & TECHNOLOG FOR SUSTAINABLE CITIES PARALLEL SESSIONS	ICAL INITIATIVES	
	CLIMATE RESILIENCE ACTIONS IN OVERPOPULATED C OF AIGALEO CITY CURATED BY AIGALEO CITY & DEMOCRITOS RC	TIES, THE EXAMPLE	
	 Evangelia Bakogianni, architect, social scientist, Municipality of Eg Evridiki Pavlidi, educator, mental health counselor, Municipality of Mary Christopoulou, psychologist, researcher, Municipality of Ega 	Egaleo	
	→ SELF MEASURING & TRACKING INDIVIDUAL, INSTITUT ENVIRONMENTAL IMPACT CURATED BY ATHENA RC		
	 Eleni Petra, Scientific Associate - Head of Innovation Unit for Women ATHENA RC Philip Bontare, Scientific Collaborator, Athena RC 		
	→ HOW TECH CAN PROTECT AND IMPROVE AIR QUALITY CURATED BY UNI THESSALY / ONE PLANET RC	INSIDE CITIES	
	 Chrysi Laspidou, Vice-Dean, University of Thessaly and Head of One Planet Thessaly Giannis Adamos, Ass. Professor, Aristotle University of Thessaloniki Georgia Tseva, Research Associate, University of Thessaly-AMRN Argyrios Balatsoukas, Research Associate, University of Thessaly Giorgos Chatzinakos, Research Associate, University of Thessaly-AMRN Amaryllis Zachariadou, Research Associate, University of Thessaly-AMRN Manos Manousakas, Researcher, NCSR Demokritos, Electra Lemi, NCSR Demokritos. 		
	TECHNOLOGICAL SOLUTIONS FOR COMMUNITY ENERGY PRODUCTION CURATED BY ELECTRA ENERGY		
	 Ioanna Angelaki, Electra Energy Cooperative Penny Kazaki, Project Manager in Sustainable City Network 		
	THE STATE OF TECH IN MUSIC SUPERVISION AND BEY MUSIC SUPERVISORS? CURATED BY ACT IN SYNCH	OND: ARE WE ALL	
	 Clément Souchier, founder - Creaminal Music Supervision France Marcel Alexander Wiebenga, CEO / Ringo Jonathan Fröberg, Creative Manager, Universal Music Publishing (Group	
		Q Impact Hub Athens	
13:30	LUNCH + POSTER SESSIONS NETWORKING + CO-CREATION	9 ETERON Institute	
15:00	WELLBEING STAKEHOLDERS: THE ROLE OF THE 21ST CENTURY PANEL	F BUSINESS IN	
	What 's the importance of being part of the B Corps community a certification? Which is the pathway to become part of the B Corp learnings from this transformative experience for the company? CO-CURATED WITH NATIVA		
SPEAKERS	 Olivier van der Felz - Strategy & innovation manager at Sympow Sonia Malaspina - Corporate Affairs, Communication and Sustair Danone Italy & Greece Athanasios Koutsianas - IMPACT STRATEGY VP at Symbeeosis, 	nability Director,	
	 Sam Sutaria - CEO at Waterbear Pedro Tarak, Global Bridge Builders at Sistema B International, C Sistema B and former President of Sistema B International 	o-founder of	
MODERATOR	 Paolo di Cesare - Co-Founder at NATIVA, Member of the Scienti AIDAF & Co-Founder & Member of the Board of Directors of Asso 		



15:00			
	PANEL DIALOGUE		
	The Young Music Industry Professionals Takeover. What is the industry? What are the expectations?	he vision for the music	
	CURATED BY ACT IN SYNCH		
SPEAKERS	 Misia Furtak - Music Declares Emergency, Musician Jonathan Fröberg - Creative Manager, Film & TV at Universa Magdalena Szuba - Product Manager at Warner Music SEE 		
MODERATOR	Alex Maiolo - Musician , MUSIC JOURNALIST	9 Impact Hub Athens	
16:00	COFFEE	9 Impact Hub Athens	
16.30	WHAT S NEXT? CAN WE REALLY CHANC WARMING?	GE GLOBAL	
	KEYNOTE Changing the conversation around Mental Health and the Clir treating ourselves & the planet as disposable? How can we c		
SPEAKER	• Tori Tsui - Climate justice activist, organiser, writer, consulta	ant & speaker	
		Q Impact Hub Athens	
17:00	MUSIC CREATIVES FOR CHANCE		
	PANEL		
	Taking the music Industry out of its bubble to drive change in social justice arenas.	both environmental and	
SPEAKERS	 Becky Young - Earth Percent /Head of Ops & Community Vickie Amiralis - In Place of War / EarthSonic, Label Develop Tori Tsui - Climate justice activist, organiser, writer, consulta Misia Furtak - Music Declares Emergency, Musician 	0	
MODERATOR	Nis Bogvad - Act in Synch -co.founder, Director		
		Q Impact Hub Athens	
17:00	ECHOES- AEGEAN FILM FESTIVAL		
	SCREENINGS		
	Showcasing standout films from past Echoes editions and aw	ard-winning shorts.	
		9 ETERON Institute	
17:45	STORYTELLING FOR CLIMATE		
	DIALOGUE		
	How can real stories make a real impact? How can the film industry invite everyone to discover what role they can play in making a difference?		
SPEAKERS	 Tianna Amore, Filmmaker, Photographer, Activist Sam Sutaria, CEO at Waterbear 		
		Q Impact Hub Athens	
18:30	CLOSING DAY	Q Impact Hub Athens	



19.30	SONGS OF EARTH @CINE PARIS IN COLLABORATION WITH CINEDOC DURATION: 90MIN	
	Songs of Earth is a majestic symphony for the big screen; from inside nature's smallest components to outside the wild panoramas, the filmmaker's father (85) is our guide to Norway's most scenic valley, where he grew up and where generations have been living alongside nature to survive.	
20.00	VIP DINNER INVITATION ONLY A refined dining experience for distinguished guests.	

Q Stelios Foundation Conference Hall

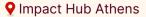
DAY 2 | 01 NOV, FRIDAY

Incentives for decentralization

09:00	WELCOME COFFEE + CURATED TOUR	Q Impact Hub Athens	
09:30	AGENDA & FLOW, OBJECTIVES & EXPECTATIONS		
	OPENING PLENARY	9 Impact Hub Athens	
10:00	NEW GENERATION POLITICIANS PANEL		
	Economic Innovation for Greece. How can we tackle & accele economy for Greece following the princniples of Impact & We		
SPEAKERS	 Periklis Mantas, Member of Parliament, Messinia Ioannis Sarakiotis, Member of Parliament, Fthiotida 		
MODERATOR • Foteini Kokkinaki, Engagement Manager, Journalist in		story	
		Q Impact Hub Athens	
11:00	DECENTRALIZATION DIALOGUES DIALOGUE		
	Decentralization and International Repositioning: A focus on t featuring the region's Governor discussing the importance of attract and retain citizens and form commercial alliances loca	building a strong identity to	
SPEAKER	Dimitris Ptochos, Governor of the Peloponnese Region		
MODERATOR	 Kostas Papachlimintzos, Journalist <u>@parapolitika</u> @ertnews_official 	9 Impact Hub Athens	

DECENTRALIZATION DIALOGUES 11:30 PANEL Representatives from corporations, civil society, impact ventures, and instritutions discuss strategies, initiatives & challenges to bring people in rural cities? • Savvas Chionides, Secretary General for Decentralization · Dimitrios Kaliampakos, Professor at the School of Mining and Metallurgical Engineering of the National Technical University of Athens • Sotiris Tsoukarelis, Founding member and responsible for social **SPEAKERS** innovation at the Social Cooperative Enterprise 'Ta Psila Vouna' • Sheila Darmos, Co-founder and Director of The Southern Lights nonprofit organisation and Regenerative Farming Greece initiative Nikos Politis, Senior Construction Development Dpt. Manager, lead of the sustainability team | Coffee Island MODERATOR • Dimitris Kyriazis, Contributing writer LIFO, communications professional Impact Hub Athens LUNCH + POSTER SESSIONS 12:30 **NETWORKING + CO-CREATION Q**ETERON Institute 13:15 LEARNING FROM NATURE EXPERIENCES \rightarrow WINE TASTING CURATED BY WOMEN OF WINE The Women of Wine bring a selection of Greek natural and biodiverse wines. GREEK HERBS AND THEIR VALUE FOR HEALTH, FOOD, SOIL CURATED BY SYMBEFOSIS A curated selection of Greek herbs, introducing their essential roles in promoting health, enhancing food and nutrition, and enriching the soil with their regenerative benefits. Impact Hub Athens \rightarrow ECHOES - SCREENINGS CURATED BY AEGEAN FILM FESTIVAL Showcasing standout films from past Echoes editions and award-winning shorts. **Q**ETERON Institute 14:30 WELLBEING CITIES PARALLEL SESSIONS → EQUITY IN CITIES: Housing 360° How do we ensure equity in mega-cities? How do we fight energy poverty? How can Social Housing (finally) come to Greece? CO-CURATED WITH ETERON INSTITUTE • Johan Mirtorp, International Union of Tenants (IUT) Martha Giannakopoulou, Architect & founder of If- architects, Housing consultant for IOM • Dimitra Siatitsa, Housing policy expert **SPEAKERS** • Dimitris Balampanidis, PhD in Urban Social Geography & Researcher • Thomas Maloutas, Emeritus Professor | Social Geography and Thematic Chartography

MODERATOR • Christos Papagiannis, Director, Eteron Institute



HEARTH SUMMIT



	→ SUSTAINABLE TOURISM Redefining Success: How the tourism industry can Drive Social - Community & Environmental Well-Being? CO-CURATED WITH TOPOSOPHY			
	• Eleni Andreadi, Director of Sustainability and	Corporate Social Responsibility,		
SPEAKERS	 Sani IKOS Group & Alexis Galinos, Vice President EATA- CEO Organization Earth Pantazis Pastras, Senior Researcher in management and marketing of tourism destinations, Toposophy 			
MODERATOR		Panagiotis Kinanlis, Senior Project Specialist EU & Public Sector Funding, Toposophy		
		Q Impact Hub Athens		
	\rightarrow DATA/AI FOR CLIMATE RESILIENCE	AND CITIZEN PARTICIPATION		
	How can data sets and technology be used f transform cities?	or inclusive climate actions to		
	CO-CURATED WITH NTUA, UOA, CERTH			
SPEAKERS	 Nancy Alonistioti, Professor AT the Departm UOA 	ent Informatics and Telecommunications		
	 Grigoris Konstantellos, Mayor of Vari, Voula & Vouliagmeni Vassilis Mizaras, Senior Project Manager CERTH Nektarios Matsagkos, Researcher at the National Technical University of Athens Elisseos Sarmas, Director of Research at the Municipality of Athens Computerization Company 			
MODERATOR	• Dimitris Elafropoulos, Media Researcher & D			
		9 ETERON Institute		
16:00	COFFEE BREAK	COFFEE BREAK		
16:30 WALKSHOPS: CO- CREATION/ REFLECTI		REFLECTION		
	ightarrow Who in the end truly owns the city?	Host: Adam Markakis		
	ightarrow The green city- (what about) Athens?	Host: Andrea Bonneti		
	→ The public space and us: What has happend to this relationship?	Host: Katerina Lomvardea		
	ightarrow The junction between rural and urban	Host: Marios Desyllas		
18:30	CLOSING PLENARY KEYNOTE			
	Rewarding Cities that create value for the World: What happens when a city focuses, supports and accelerates Collective Action for Climate AND BEYOND? How does this city, or even an entire region, look when the climate AND OTHER COLLECTIVE agreements are an important and crucial element for their identity?			
SPEAKER	 Pedro Tarak, Global Bridge Builders at Sistema B International, Co-founder of Sistema B and former President of Sistema B International. Board Member of the Wellbeing Economy Alliance. Co Founder of Regional Impact Trade Alliance 			
		Q Impact Hub Athens		
19:00 CLOSING PLENARY				
	Thank you & Collective symbolic activity			
		Q Impact Hub Athens		



Parallel Activities

31 OCT AND 1 NOV | 10.00 - 19.00

WHERE SCIENCE MEETS PRACTICE

POSTER SESSIONS

Research & cutting edge nature based tech solutions presented by promiment research centers and teams of Greece, presenting how to best to protect people, development, infrastructure, and natural ecosystems from sea-level rise, flooding, and land loss.

WELLBEING OF THE WORLD - A GLOBAL SYMPHONY

PARTICIPATORY ARTISTIC EXPERIENCE

An initiative launched by The Wellbeing Project and the MIT Media Lab, in collaboration with inventor and composer Tod Machover. The objective is to collect the sounds of wellbeing around the world mainly through the regional Summits, and create a unique, collaborative symphony which will be premiered at the Global Wellbeing Summit in 2025.

Q Impact Hub Athens

SCREENINGS

Our curated screening series features impactful films from Waterbear, the platform for environmental and social storytelling; ETERON Institute, exploring social issues through insightful documentaries; and Richard Mullane, Head of Impact at Investing for Purpose, showcasing award-winning sustainable housing projects like London's New Ground Co-Housing and Norwich's RIBA-winning Goldsmith Street. **Q** Impact Hub Athens

Fringe Events

30 OCTOBER

19.30 WELCOME DRINKS, MUSIC AND REGISTRATION

DURATION: 180MIN

An opening segment where guests are welcomed with refreshments while completing their registration at Impact Hub Athens. The evening will be enriched by the performance Converting a City to Music: A Performance by **Alex Maiolo** on Themes for Great Cities.
Impact Hub Athens

31 OCTOBER

19.30 SONGS OF EARTH

IN COLLABORATION WITH CINEDOC DURATION: 90MIN

Songs of Earth is a majestic symphony for the big screen; from inside nature's smallest components to outside the wild panoramas, the filmmaker's father (85) is our guide to Norway's most scenic valley, where he grew up and where generations have been living alongside nature to survive.

Q Cine Paris

20.00 VIP DINNER

INVITATION ONLY

A refined dining experience for distinguished guests.

Stelios Foundation Conference Hall

1 NOVEMBER

21.00 CLIMATE HORROR PARTY

The Climate Horror Closing Party with Dj Roumpini Stagkouraki offers a captivating, climateinspired performance to end the event on a powerful, thought-provoking note.